

Fumonisin in China: update on occurrence, epidemiology, exposure and regulation

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REVIEW ARTICLE

Abstract

Fumonisin (FBs) are one of the most frequently occurring mycotoxins in China. FBs have attracted worldwide attention because of the significant economic losses they cause as well as their impact on human health and animal productivity. FBs have been associated with high incidences of oesophageal and liver cancer in several areas in China. However, the extrapolation of the effects of FBs on humans has always been inaccurate, which can be explained by the lack of adequate food consumption data, lack of knowledge about related health risks associated with specifically proposed limits, and the possibility of synergism with other mycotoxins present in the same food commodities. Domestic legislation is necessary to control contamination by FBs. The assessment of fumonisin exposure and development of preventative strategies in China depend not only on the determination of fumonisin levels in food contributors but also on the distinct dietary patterns of a specific population. Although limited data is available, this review aims to critically evaluate the extent of fumonisin contamination in China as well as epidemiologic studies and human exposure estimates. This review also aims to establish perspectives to aid future research and legislation.

Keywords: China, contamination, exposure, fumonisin, legislation

1. Introduction

Ensuring food safety has always been the focus in the recent decades. The contamination of food or animal feed by mycotoxins among other chemical hazards has been characterised by the World Health Organization (WHO) as a significant source of food-borne diseases (WHO, 2002). Mycotoxins currently present a major food safety issue in China. Such issue is aggravated by the large distribution of grain-producing areas across mostly subtropical and temperate zones. *Fusarium verticillioides* is one of the most prevalent fungi associated with the contamination of maize throughout the world. Fumonisin (FBs) were first isolated from cultures of *F. verticillioides* strain MRC 826 (Gelderblom *et al.*, 1988; Marasas *et al.*, 1988). FBs have been frequently detected in maize and/or maize-based food. FBs form chemically related groups, including at least 15 identified members among which FB₁ is the most frequently detected contaminant. FB₁ accounts for 70 to 80% of the total FBs content in *F. verticillioides* cultures and naturally contaminated foods. The co-contamination

of FB₁-containing samples by small amounts of other mycotoxins, mainly FB₂ and FB₃, is common (WHO, 2000). FB₁ was proven to be responsible for most of the toxicological effects of *F. verticillioides* culture materials on animals (JECFA, 2001; WHO, 2001).

The kinetics and metabolism of FBs have not been clearly illustrated to date. FBs are poorly absorbed, rapidly eliminated via a two- or three-compartment model, and not metabolised in animals (JECFA, 2001; WHO, 2001). FBs cannot be metabolised by cytochrome P450 enzymes. However, FBs have been proven to alter the activity of these enzymes by interrupting sphingolipid biosynthesis through structurally related sphingoid bases. The elimination of FB₁ in mice can be done rapidly; however, given that elimination rate is a function of body weight, the elimination of FB₁ in humans could be much longer (Van der Westhuizen *et al.*, 1999).

FB₁ has been associated with animal mycotoxicoses such as equine leukoencephalomalacia (Kellerman *et al.*, 1990;

Marasas *et al.*, 1988) and porcine pulmonary edema (Harrison *et al.*, 1990). Subsequent studies on laboratory animals revealed a relationship between FB₁ intake and hepatotoxicity, nephrotoxicity, as well as developmental and reproductive toxicity (Gelderblom *et al.*, 2001; Marasas *et al.*, 2004; NTP, 2001; Riley *et al.*, 1994; Voss *et al.*, 1995). Nephrotoxicity and renal carcinogenicity were identified as the most sensitive endpoints of toxicity for FB₁ in rodent bioassays conducted by the National Toxicology Program (NTP, 2001). The genotoxicity of FBs is under debate, although the lack of DNA interactive reactivity in different short-term genotoxicity assays utilizing bacteria (Gelderblom and Snyman, 1991) and *in vivo* and *in vitro* DNA repair assays in rat liver and primary hepatocytes (Gelderblom *et al.*, 1992; Norred *et al.*, 1992) is generally accepted. No direct interaction of FB₁ with oligonucleotides has been detected (Pocsfalvi *et al.*, 2000). The International Agency for Research on Cancer (IARC) evaluated FB₁ to determine if it should be classified as a carcinogenic compound. Based on animal studies and cases of human oesophageal cancer, IARC evaluated FB₁ as possibly carcinogenic to humans (group 2B) (IARC, 1993). FBs contamination has been associated with impact on human including as a risk factor for oesophageal cancer.

FBs have been frequently detected in maize in all parts of the world (WHO, 2001). The occurrence of FB₁ in maize imported from 18 countries worldwide in the Netherlands demonstrated the presence of this mycotoxin in 93% of the samples (with average level of 1,359 ng/g) (De Nijs *et al.*, 1998). Several new sources of FBs have been reported recently, including cornflakes (Castells *et al.*, 2008), the Portuguese maize bread broa (Lino *et al.*, 2006), black and herbal tea as well as medicinal plants (Martins *et al.*, 2001; Omurtag and Yazicioglu, 2004), and spices and flavours (star aniseed, chili, pepper, garlic, cinnamon, paprika, ginger, and parsley) in China (Shi *et al.*, 2003). Beer and other plant-based alcoholic drinks are also considered contributors to FBs exposure (Pietri *et al.*, 2010; Scott and Lawrence, 1995; Shale *et al.*, 2012; Tamura *et al.*, 2011, 2012). FBs contamination in grain-based beer is an important concern because to date, no investigation has been conducted on this topic in China.

Legislation on FBs is essential to protect public health and avoid trade barriers. No wide-scale limits for FBs have been established. The complexity of developing regulations and/or standards designed to protect consumer health is reflected in attempts to explore accurate exposure estimates (Lineback *et al.*, 2009). Considering that maize and maize-based food commodities such as biscuits and beer are commonly consumed in China (Sun *et al.*, 2007, 2011), research must be conducted to determine whether the contamination of these commodities by FBs results in considerable human exposure to this mycotoxin. Likewise,

insights into the development of new standards must be offered.

This review aims to thoroughly examine the occurrence of FBs in maize and different food commodities for human consumption. This review also aims to evaluate human epidemiologic studies and exposure estimates conducted in China to provide perspectives to future research.

2. Occurrence

International databases (Pubmed, Embase and Web of Science) and Chinese literature databases (China Academic Journal Network Publishing Database and CBMdisc) were searched for relevant literature. The available reports on the occurrence of FBs in food are summarised in Supplementary Table S1. The table shows that information on annual variation in FBs concentrations in maize harvested in consecutive years is limited. However, the table clearly shows that considerable variation can occur with annual/seasonal climate fluctuation.

The contamination levels of FBs in food vary according to inherent *Fusarium* species contamination and environmental (climate, soil type, rainfall, and season) and processing (storage time/temperature and methods of preservation/preparation) factors. The high levels of FB₁ found in maize in Sichuan and Guangxi (Gong *et al.*, 2009) are in agreement with the meteorological data of these two provinces (moderate mean temperature and high relative humidity and rainfall) (Supplementary Table S1), which are also in agreement with the data obtained by Hennigen *et al.* (2000) who discovered an association between high levels of FBs in maize and relatively high humidity in Argentina. The most recent survey conducted in 2010 (Feng *et al.*, 2011) indicate that the mean concentration for all maize samples is 1,318 µg/kg for FB₁ and 319 µg/kg for FB₂. These values are lower than those obtained by Gong *et al.* (2009), which indicate that all maize samples except one are positive for FB₁ at levels varying from 3 µg/kg to 71,121 µg/kg with mean level of 6,662 µg/kg, but higher than those reported in Croatia (459.8 µg/kg for FB₁) (Domijan *et al.*, 2005), Spain (22 µg/kg for FB₁ and 43 µg/kg for FB₂) (Arino *et al.*, 2007), and Portugal (329 µg/kg for FB₁ and 131 µg/kg for FB₂) (Lino *et al.*, 2006).

The summarised reports in Supplementary Table S1 also reveal that data on co-contamination of FBs and other mycotoxins are quite rare albeit the possibility of synergistic or additive toxic effects on experimental animals. Therefore, further monitoring of FBs in China is essential to cover as many food contributors as possible and to illustrate seasonal and regional contamination trends.

3. Association with human diseases

Oesophageal cancer

The association between the consumption of maize infected by *F. verticillioides* and oesophageal cancer was first established in the former Transkei region in South Africa (Rheeder *et al.*, 1992; Sydenham *et al.*, 1990) and later reported in northern Italy (Franceschi *et al.*, 1990) and Iran (Shephard *et al.*, 2000). Studies exploring the association of FBs contamination with oesophageal cancer were conducted in China over the last decades; the results are shown in Supplementary Table S2. Chu and Li (1994) study established that homegrown maize in areas in China with high incidence of oesophageal cancer may be contaminated with extremely high levels of FB₁. In Chu and Li (1994) study, maize samples from Linxian and Cixian, areas with high incidence of oesophageal cancer, were analysed to determine the presence of various mycotoxins. High levels of FB₁ were found in the mouldy samples; however, no control condition was set in the study. Yoshizawa *et al.* (1994) comparative study of maize samples from Linxian and Shangqiu in the same province indicated that no significant differences exist in the FB₁ contamination level in the two areas (with high contamination incidence of 48% vs. 25%), which was further confirmed in a subsequent study (Gao and Yoshizawa, 1997) that investigated wheat and maize. The samples collected in the two studies were also frequently co-contaminated by trichothecenes whose concentration was significantly higher in Linxian than in Shangqiu. Zearalenone was detected only in the maize samples from Linxian.

Samples of maize, cornmeal, unfermented and fermented pancake batter, and cooked fermented pancakes from Linqu County, an area in China with high incidence of gastric cancer, were analysed to explore the association between consumption of FBs-contaminated maize and gastric cancer. The results did not support the hypothesis that mycotoxin contamination in Chinese fermented maize-based food increases the risk of gastric cancer (Groves *et al.*, 1999).

The association of FB₁ with oesophageal cancer in Huaian (an area with high incidence of oesophageal cancer) and Huantai (an area with low incidence of oesophageal cancer) was investigated by surveys conducted in 2001 to 2002 and 2010 (Sun *et al.*, 2007, 2011). Supplementary Table S2 shows that in 2001, the FB₁ contamination frequency was 95.7% in Huaian and 83.3% in Huantai. The level of FB₁ contamination in maize samples from Huaian was significantly higher than that of the samples from Huantai. Furthermore, 42.0% of the positive Huaian samples had an FB₁ level higher than 2,000 µg/kg, which was significantly higher than the 10.0% FB₁ level of the Huantai samples. This significant difference in FB₁ contamination in maize was further observed in a subsequent study conducted in

2010. Co-contamination of FB₁ and aflatoxin B1 (AFB₁) was observed in rice, wheat flour, and maize. A significant difference in AFB₁ contamination level was also noted in the two areas in both studies.

No clear relationship between FBs contamination and oesophageal cancer was confirmed by the abovementioned studies. The high consumption of maize in the high-incidence areas increased the risk of exposure of the population to a cocktail of mycotoxins such as FBs, AFBs, deoxynivalenol, nivalenol, and zearalenone. Considering that differences in demography, ethnicity, genetic susceptibility, culture, economy, and nutritional status affect the rates of oesophageal cancer, no definite conclusion can be drawn from these comparative studies. However, capable of adjusting confounding factors, well-designed case-control and prospective studies should be further conducted to provide confirmative and valuable evidence.

A case-control study conducted in Linxian found that the risk of oesophageal cancer tends to increase with the increase in the intake of wheat and maize (the participants in the upper three quartiles of maize consumption were at a higher risk compared with the lowest quartile of <24 meals per year) (Li *et al.*, 1989). The possible association between maize consumption, which was the primary staple food for 95% of Linxian residents back then (60% consumed it daily), and oesophageal (including gastric and cardia) cancer was also reported in a retrospective cohort study conducted in Linxian (Yu *et al.*, 1993). Other risk factors, including age, positive family history, education level, surface water use, pork consumption, and smoking, were also identified in the two studies.

Another prospective study conducted in Linxian did not report any significant association between sphingolipid levels (as a biomarker of FBs exposure) at baseline and oesophageal cancer during 5.25 years of follow-up (Abnet *et al.*, 2001a). The results of this study are consistent with those of an earlier study conducted in Africa, which also reported the absence of correlation between sphingolipids and oesophageal cancer (Van der Westhuizen *et al.*, 1999). However, considering that sphingolipids only indicate short-term differences in exposure, the seasonal and annual variation in maize consumption and level of FBs contamination limit the effectiveness of baseline sphingolipids as a long-term biomarker for FBs exposure. Dietary patterns and FBs contamination could have been different during the 5.25 years of follow up; therefore, the null association observed in these studies must be carefully analysed. To sum up, no definite conclusion can be established regarding the association between FBs and oesophageal cancer based on current scientific evidence. Further epidemiological studies in this area are required.

Liver cancer

Apart from possible involvement with oesophageal cancer, epidemiologic studies in China implicate that FBs may also affect the development of liver cancer. The results of related studies are summarised in Supplementary Table S3. The role of FBs in the development of liver cancer was first evaluated in Haimen and Penlai County. The mortality rate in Haimen (52–65 per 100,000) is approximately four times higher than that in Penlai back then (Ueno *et al.*, 1997). A three-year survey revealed that the maize harvested in Haimen was highly contaminated with FBs to the extent that the mean contamination levels in 1993 and 1995 were 10 to 50 times higher than those in Penlai; the percentages of the positive samples were also higher. The co-contamination of various mycotoxins in maize harvested in 1993 was also analysed. The results revealed the cross-contamination of maize by AFBs, FBs, and DON, suggesting that the synergistic interactions among FBs, AFBs, and trichothecenes contribute to the development of liver cancer.

A similar comparative study was conducted in Guangxi, South China (Li *et al.*, 2001). The maize samples collected in 1998 from areas with high and low incidence of liver cancer revealed no significant differences in FBs levels. However, a significantly high contamination by AFBs was observed; 60% of the samples were co-contaminated by both toxins. The surveys conducted in Fusui (high-incidence area) and Huantai (low-incidence area) from 2001 to 2002, shown in Supplementary Table S3, revealed no significant difference in the frequency of occurrence and contamination levels of FB₁ in the two areas. This result was further confirmed in a subsequent 2010 study. The co-contamination of AFB₁ and FB₁ was also observed in rice, wheat flour, and maize samples in 2010 (Sun *et al.*, 2007, 2011).

Aside from comparative studies, a recent meta-analysis also reported two case-control studies conducted in two large cohorts: the Haimen City cohort and General Population Study of Nutritional Intervention Trials cohort in Linxian (Persson *et al.*, 2012). Nail FB₁ levels were determined in 271 liver cancer cases and 280 control samples in the Haimen City cohort. Nail FB₁ levels were determined in 72 liver cancer cases and 147 control samples in the General Population Study of Nutritional Intervention Trials cohort. The results did not reveal an association between FB₁ exposure and liver cancer in Haimen City (odds ratio (OR)=1.10, 95% confidence interval (CI)=0.64 to 1.89), Linxian (OR=1.47, 95% CI=0.70 to 3.07), or the pooled meta-analysis (OR=1.22, 95% CI=0.79 to 1.89). However, the nail specimens in this preliminary study reflected only exposure throughout nail growth; thus, FB₁ exposure in the past was not represented well.

To conclude, current scientific evidence does not support the association between FBs and liver cancer. Further studies are required to provide more perspectives.

Neural tube defects

A neural tube defects (NTD) outbreak occurred in the Texas-Mexico border from 1990 to 1991. Epidemiologists hypothesised that the outbreak could have been caused by the high FB₁ levels observed in maize in the previous years (Missmer *et al.*, 2006). Several regions in China with high maize consumption also exhibit a high prevalence of NTD (Moore *et al.*, 1997). However, the association of NTD with FBs exposure is based only on theoretical hypothesis at this time. Animal experiments suggest that FB₁ is not teratogenic until general toxicity occurs and does not pass the placenta. However, some evidence suggest that the disruption of sphingolipid metabolism caused by FB₁ affect folate uptake and result in increased risk of NTD (Marasas *et al.*, 2004).

Limitations and challenges

The possible involvement of *F. verticillioides* and FBs in the development of oesophageal and liver cancer in various regions of the world, including China, is often evaluated based on the incidence rates and occurrence of FBs. Monotonous diets that consist mainly of wheat or maize might lead to nutritional deficiencies and exposure to mycotoxins. Comparative studies are limited by the lack of controlled conditions, particularly for established confounding risk factors (e.g. alcohol consumption). Only a few case-control or prospective studies on the relation of FBs to human diseases have been conducted in China partly because of the lack of well-validated biomarkers for FBs and the short half-life of FBs in serum (Delongchamp and Young, 2001; Shephard *et al.*, 2007). The mechanism by which FBs interrupt sphinganine metabolism has been elucidated recently. The elucidation revealed that sphingolipid levels are very promising biomarkers. However, several issues remain. A number of studies, including several in China (Abnet *et al.*, 2001b; Qiu and Liu, 2001), on the possible elevation of sphinganine (or its ratio with sphingosine) in human blood and urine have failed to correlate the estimates of FBs exposure. The failure to correlate was partly due to the fact that naturally existing sphingoid bases have normal ranges in human blood and urine, which can be influenced by dietary factors other than FBs ingestion. A cross-sectional study of serum sphingoid bases in Linxian residents indicated that serum sphingosine levels are correlated with a number of factors such as tocopherols, carotenoids, cholesterol, and selenium (Abnet *et al.*, 2001b). Several biomarker studies did not measure FB₁ levels in food; thus, determining how well the utilised biomarkers (nail FB₁ in the study of Persson *et al.* (2012) and sphingolipid levels in the study of Abnet *et al.*

(2001b)) correlate with dietary intake levels is impossible. It has been proposed that combining urinary FB₁ with serum sphingosine levels could improve the assessment of the impact of FB₁ exposure, which is still in validation (Van der Westhuizen *et al.*, 2013).

4. Exposure estimates

The NTP finding (2001) that the no observed effect level for nephrotoxicity is 0.2 mg/kg body weight (b.w.)/day was considered by the Joint FAO/WHO Expert Committee on Food Additives (JECFA) to induce the provisional maximum tolerable daily intake (PMTDI) for FBs in humans, which is 2 µg/kg b.w./day (JECFA, 2001). The WHO's International Programme on Chemical Safety and the European Commission's Scientific Committee on Food (SCF) have also concluded that the tolerable daily intake (TDI) for FB₁, FB₂, and FB₃ alone or in combination is 2 µg/kg b.w./day (SCF, 2000, 2003; WHO, 2001). Some concerns exist regarding the PMTDI for China where in some areas the staple component of the human diet in some parts is maize. Meeting the PMTDI is considerably more difficult in these regions than in the USA or Europe where maize consumption is much lower (Shephard *et al.*, 2002).

The exposure estimates that were conducted in China are summarised in Table 1. Several aspects should be noted. Considering that FBs exposure may vary in regions with different dietary patterns and climate, the exposure estimates (some of them are above the TDI) still require further investigation. Except for one study (Sun *et al.*, 2011), all the other studies were based solely on FBs occurrence in maize and maize consumption data. Such specific reliance might lead to the underestimation of actual overall exposure. Two of the studies targeted areas with high incidence of cancer (Li *et al.*, 2001; Sun *et al.*, 2011), which could indeed provide insights into the association of FBs exposure with certain types of cancer; however, limited its generalisation to other populations and regions.

Two other studies aimed to generalise the exposure estimate based on the average maize consumption data of the 2002 Chinese National Nutrition Survey rather than the actual specific maize consumption data of the investigated areas (Feng *et al.*, 2011; Gong *et al.*, 2009). These studies presented an unpredictable uncertainty. Moreover, FB₂ and FB₃ contamination were not included in the exposure estimates, the situation might be worse.

Table 1. Fumonisin exposure estimates in China.

Toxins	Region specification	Food investigated	Intake of food contributors (/day)	Toxins intake (µg/day) (mean)	Adults body weight (kg)	PDI ¹ (µg/kg b.w./day) (mean)	Ration of PDI/TDI ² (mean)	Reference
FB ₁	Guangxi Province (high-risk area for liver cancer)	Maize	Average daily intake of maize product of 400 g ³	150.80	50	3.02	1.50	Li <i>et al.</i> , 2001
FB ₁	Six main maize-producing provinces	Maize	Mean maize consumption of 10.05 g ⁴	66.95	60	1.11	0.56	Gong <i>et al.</i> , 2009
FB ₁	Three main maize-producing provinces	Maize	Mean maize consumption of 10.05 g ⁴	18.00	60	0.30	0.15	Feng <i>et al.</i> , 2011
FB ₁	Huantai (low-risk area for oesophageal and liver cancer)	Main contributing food commodities, including rice, wheat flour, maize, peanuts, and plant oil	Specific food consumption survey of the subjects in the three areas	92.40	60	1.54	0.77	Sun <i>et al.</i> , 2011
	Huaian (high-risk area for liver cancer)			460.00	60	7.67	3.835	
	Fusui (high-risk area for oesophageal cancer)			138.60	60	2.30	1.15	

¹ PDI = provisional daily intake.

² Tolerable daily intake (TDI) of 2 µg/kg b.w./day is recommended by JECFA (2001).

³ Extrapolated from the fact that the vast majority of maize consumption was 300 g to 500 g per day per person in that area.

⁴ Food consumption data of Feng *et al.* (2011).

The study conducted by Sun *et al.* (2011) revealed that the staple food of the three target areas are different (the staple food in Huantai is wheat flour, whereas rice and corn are the staple food in Huaian and Fusui). The study represented the different staple food patterns in the northern and southern areas of China, which is an important factor that should be considered in assessing the risk of mycotoxin exposure.

The overall exposure estimates of FBs intake from all possible food contributors in representative areas across China and/or various sub-populations remain indefinite. Several aspects should be considered in future exposure estimation. First, the intake of food commodities rather than raw agricultural commodities should be investigated. Second, reliance on a single food category (maize in this case) as a source of exposure could be misleading; other possible food contributors, including peanuts, plant oil, several other food commodities, e.g. beer, spices, and processed grain-based products, should also be considered.

Considering atypical dietary behaviours in China, careful attention should be provided to three specific groups. The first group consists of subsistence farmers who grow and eat their own produce. The high risk associated with this group may be due to the distinct maize dietary patterns, including the use of hand grinding and 'grinding' rocks or stamping of homegrown maize to produce maize meals or soup (Burger *et al.*, 2010; Sun *et al.*, 2011). The next group consists of infants and children whose food consumption pattern includes a significant portion of maize-based food such as biscuits and cereals. Comparison of the exposure estimates in terms of PDI among child consumers in Canada and Argentina demonstrated that values in Canada (Kuiper-Goodman *et al.*, 1996) are ten times lower than those in Argentina (where maize flour is utilised for infant feeding) (Solovey *et al.*, 1999). The last group consists of regular and heavy alcohol drinkers. Heavy beer drinkers face an increased risk of FBs contamination depending on the amount of FB-contaminated grains utilised to produce the beer (Kuiper-Goodman *et al.*, 1996).

A proportion of the current population may be chronically exposed to FBs similar to the previously cited groups. The use of the probabilistic approach should be considered in refining the exposure by considering the fact that the level of contamination is not constant but varies based on climate change and differences in dietary patterns.

5. Legislation

Internationally harmonised legislation on FBs is essential to avoid trade barriers and competition distortions. No wide-scale limits for FBs have been established to date. Only a few of the countries and regions have set limits for FBs. No official upper limit has been established in China. The limitation standards in several countries and regions are listed in Table 2.

The various patterns of distribution of FBs occurrence in China restrict the establishment of regulatory criteria. China has experienced few export losses because of FBs contamination owing to the fact that very few nations have developed guidelines (Wu, 2004). With the tightened FBs standards, China would probably experience serious economic challenges considering that it is the second maize exporting nation (USDA, 2003).

6. Moving forward: challenges and current trends

China aims to reduce and eventually prevent mycotoxin occurrence in food to protect human health and improve international trends. China has exerted significant efforts to establish food safety risk assessment and management. Strengthening the nationwide food safety surveillance network and total diet study (TDS) is imperative in exposure assessment (Zhang *et al.*, 2014). Referring to the Global Environmental Monitoring System/Food Contamination Monitoring and Assessment Programme, food safety surveillance network has been established and developed in China in 2000. The overall surveillance system has

Table 2. Recommended maximum limits for fumonisins (FBs) in food products.

Food products	Limits	Country/region	References
Degermed dry-milled corn products	2 mg/kg for FBs	USA	FDA, 2001
Whole or partially degermed dry-milled corn products/dry-milled corn bran/cleaned corn intended for mass production	4 mg/kg for FBs	USA	FDA, 2001
Cleaned corn intended for popcorn	3 mg/kg for FBs	USA	FDA, 2001
Corn products	1 mg/kg for FB ₁ and FB ₂	Switzerland	Zoller <i>et al.</i> , 1994
Whole maize	3 mg/kg for FBs	France	Soriana and Dragacci, 2004
Whole maize	1 mg/kg for FB ₁ and FB ₂	EU	EC, 2007
Corn-based breakfast cereals and snack food	0.8 mg/kg for FB ₁ and FB ₂	EU	EC, 2007
Processed corn-based foods and baby foods for infants and young children	0.2 mg/kg for FB ₁ and FB ₂	EU	EC, 2007

covered 31 provinces, 1,196 sites, 17 food categories, and 109 parameters to date. Recommended by international bodies (EFSA, 2011; WHO, 2005) and aimed at providing data to monitor the dietary intakes of the population with respect to food contaminants and micronutrients, the first Chinese TDS was conducted in China in 1990. The second TDS was conducted in 1992, the third in 2000, and the fourth in 2007 (Zhou *et al.*, 2012). FBs contamination is currently included in the latest TDS and food safety surveillance network in China. The food consumption data obtained from the 2007 Chinese TDS revealed that in 12 representative regions across Chinese territory, maize consumption vary from 0.75 g in Sichuan Province to 48.6 g in Guangxi Province. Local education and assistance to ensure that food grains and animal feed are harvested correctly, dried completely, and stored properly continue to require improvement. Mycotoxin reduction and control depend on the concerted efforts of all actors along the food production chain. Multidisciplinary approaches are therefore critical.

In summary, this review provided updated information on FBs contamination at a national scale. One clear conclusion that can be drawn is that grains and food commodities in China may be subject to significant FBs contamination. The risk assessment for FBs in China is limited at present because of the lack of sufficient and reliable data. Setting realistic regulatory limits and continuously monitoring programmes for FBs are therefore crucial. The development of the Chinese TDS and surveillance system would aid in controlling FBs contamination and in clearly illustrating the association between FBs and related diseases.

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Conflict of interest

The authors declare that there is no conflict of interest.

Supplementary material

Supplementary material can be found online at <http://dx.doi.org/10.3920/QAS2012.0230>.

Table S1. Occurrence of fumonisins in China.

Table S2. Comparison of occurrence of fumonisins (FBs) in areas in China with high and low incidence of oesophageal cancer.

Table S3. Comparison of occurrence of fumonisins (FBs) in areas in China with high and low incidence of liver cancer.

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